


\$3.00 Suggested Donation

March 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Onion Soup w/ Croutons Meatloaf w/ Gravy Whipped Potatoes Peas and Carrots Fresh fruit Whole Wheat Roll (Turkey on whole wheat)	2 Vegetable Soup Honey Glazed Chicken Rice Pilaf Mixed Vegetable Multigrain Bread Brownie (Tuna Salad on Multigrain)	3 Turkey Rice Soup Liver and Onions Mashed Potato Broccoli White Bread Pudding w/Topping (Roast Beef on White)	4 Chicken Soup w/ Pasta Roast Pork w/ Gravy Spinach w/ Lemon & Garlic Scalloped Potatoes Applesauce Ice Cream (Lite Bologna & Cheese on Ital-	5 Clear Chowder Egg Salad Lettuce & Tomato w/ Dressing Pasta Salad Wheat Bread Sponge Cake w/ Topping (Chicken Salad on Wheat)
8 Kale and Bean Soup Chicken A La King Biscuit Zucchini Jello w/ Topping (Pastrami on Lite Oatmeal)	9 Low Sodium Cream of Tomato Knock Wurst w/ Mustard Boiled Potatoes Green Beans Hoagie Roll Cherry Cobbler (Ham Salad on Hoagie Roll)	10 Chicken Gumbo Meat Balls w/ Sauce Ziti w/ Sauce Italian Vegetable blend Lemon Pudding Italian Bread (Sliced Chicken and Cheese on	11 Potato and Leek Chicken Cacciatore Roasted Red Bliss Sliced Carrots Hearty Nut Bread Baked Apple w/ Cinnamon (Italian Grinder)	12 White Clam Chowder Baked Fish w/ Lemon Parised Potatoes Broccoli Fresh Cut up Fruit Pumpernickel Bread (Ham and Cheese on Pumper-
15 Minestrone e Soup Stuffed Pepper Green Beans White Rice Chocolate Chip Cookie (Bologna and Cheese on Wheat)	16 Tossed Salad w/Dressing American Chop Suey Mixed Vegetable Dinner Roll Ice Cream Sandwich (Chicken Salad w/ Lettuce on Multigrain)	17 St. Patrick's Day Split Pea Soup Corned Beef w/ Mustard Boiled Potatoes Cabbage and Carrot blend Key Lime Pie Rye Bread (Tuna on Rye)	18 HAPPY BIRTHDAY  Chicken Soup Stuffed Chicken w/ Broccoli w/ Gravy Rice Pilaf Green Beans Frosted Cup Cake Wheat Bread (Ham & Cheese w/ Mustard on Wheat)	19 St. Joseph's Day Corn Chowder Italian Sausage Peppers and Onions Seasoned Pasta Grinder Roll Almond Biscotti (Seafood Salad on Grinder Roll)
22 Egg Drop Soup Sweet and Sour Chicken Vegetable Egg Roll Fried Rice Mandarin Orange Wheat Roll (Ham salad on Roll)	23 Chicken Noodle French Meat Pie w/ Ketchup Whipped potatoes Baby Carrots Whole Wheat Fruit Cup <i>Sandwich Honey Turn</i>	24 Barley Soup Baked Ham w/Pineapple Glaze Baked Sweet Potato Capri Blend Vegetable Peaches and Cream Italian Bread (Chicken Salad on Italian)	25 Vegetable Soup Pub Burger Pasta Salad Chuck wagon Corn Wheat Hamburger Roll Hoodsie Cup (Hot dog on W Burger Roll)	26 Butternut Squash Soup Baked Fish Seasoned Spinach Baked Potato w/ Sour Cream Dinner Roll Mixed Fresh Fruit (Grilled Chicken and Cheese on
29 Garden Salad w/ Balsamic Vinaigrette Beef Stew w/ Roasted Vegetables Mashed Potatoes Green Beans Whole Wheat Bread Chocolate Pudding W/Topping (Turkey on Whole Wheat)	30 Italian Wedding Soup Veal w/ Mushroom Wild Rice Baby Whole Carrots Rye Bread Canned Fruit (Pastrami on Rye)	31 Minestrone Soup Rotisserie Chicken Quarter Mashed Sweet Potato Cauliflower Multigrain Baked Apple w/Cinnamon (Lite Bologna and Cheese on Multigrain)	24 hour notice for reservations & cancellations is appreciated.	